

	THEME	EMPHASIS	COLOUR
September 09	Commencement	A New Way	
September 16	<b>The Responsible Decision</b>	Spiritual	Blue
September 19	Breakaway - discussion, meditation		
September 23	<b>The Guided Decision</b>	Mental/Emotional	Yellow
September 26	Breakaway - discussion, meditation		
September 29	Renewal Day -Walk, Laughing Yoga Meditation, A Conversation Breakfast and lunch		
September 30	<b>The Active Decision</b>	Physical	Red
October 03	Breakaway - discussion, meditation		
October 07	<b>The Certain Decision</b>	Social	Orange
October 10	Breakaway - discussion, meditation		
October 12	Fun, Food, Family evening		
October 14	<b>The Joyful Decision</b>	Relational	Pink
October 17	Breakaway - discussion, meditation		
October 20	Car Rally		
October 21	<b>The Compassionate Decision</b>	Vocational	Purple
October 24	Breakaway - discussion, meditation		
October 28	<b>The Persistent Decision</b>	Financial	Green
October 31	Breakaway - discussion, meditation		
November 3 & 4	GALA weekend Freedom		